

December 2021

Dear parent/carer,

## **Flu and Covid-19 vaccination for children and young people**

As the winter arrives, it is now more important than ever that children and young people are protected against both flu and Covid-19.

We would urge all parents/carers to get their child vaccinated against flu – and if you have a child aged 12-15, please get them vaccinated against Covid-19 too. Both flu and Covid-19 can be unpleasant illnesses and can spread to friends and family. It is so important that we keep our children and young people safe.

### How to ensure your child receives the flu vaccine

Children and young people aged 2-16 (i.e. up to Year 11) are being offered a free flu nasal spray vaccine to help keep them safe this winter. The nasal spray is an effective vaccine and provides the best protection against flu. You can also opt for your child to have their vaccination as a flu injection, which does not contain porcine gelatine (pork).

- **If your child is 2 or 3 years old**, they will be invited for their vaccination by their GP.
- **If your child is aged 4-16 years old**, they will already have been offered the vaccine in school or in a community clinic. The vaccination team will be returning to schools after Christmas to vaccinate those children that were absent on the day of the session. ***If you had previously declined a flu vaccination but would now like your child to be vaccinated at a catch-up session, call 01302 566611 or 01302 566612.***
- **If your child has an underlying health condition** and is more vulnerable to flu, they can also request a vaccine at their GP surgery.

### How to ensure your child aged 12-15 years old receives the Covid-19 vaccine

- If your child missed their Covid-19 vaccination in school, you can book a session at a vaccination centre [here](#).
- Children aged 12-15 who are clinically vulnerable or at higher risk will be contacted to arrange their vaccination - letters and texts are being sent to invite those eligible to book their vaccine.
- The NHS is working on plans to offer a second Covid-19 dose to all children aged 12-15 and these plans will be made available in due course.

Yours sincerely,



**Jonathan Gribbin**  
Director of Public Health at  
Nottinghamshire County Council



**Idris Griffiths**  
Chief Officer at NHS Bassetlaw  
CCG