

# SECONDARY MENU SPRING/SUMMER 2022



# WEEK 1

# MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

## CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice



Vegetable enchiladas Milk, Gluten

Smokey 3 bean chilli Celery



Wholegrain rice

**Crusty bread** Gluten Sesame

**Mixed salad** Coleslaw

# DESSERT OF THE DAY



**Mandarins in jelly** & shortbread finger

Yoghurt Milk

**Fruit** 



Spaghetti Bolognese

**Quorn Bolognese** Egg, Gluten

**Garlic slice** Soya, Milk, Gluten

+

Jacket wedges

Sweetcorn

**Crunchy veg** 



**Honey cake** Milk ,Egg, Gluten

& custard Milk

Yoghurt Milk **10** 



Roast gammon & pineapple

**Quorn roast** Milk, Egg

**Roast potatoes Mashed potatoes**  B

**Green beans Baton carrots** 



**Banoffee pie** 

Milk, Gluten

Fruit

Yoghurt Milk

Fruit



Chicken & spring vegetable

pie Celery, Gluten

Quorn & spring vegetable Celery, Gluten Egg

A **Diced potatoes** 

**Mashed potatoes** 

B Spring green

cabbage **Cauliflower** 



Fruit of the forest muffin

Gluten, Egg

Yoghurt Milk

**Fruit** 



**Breaded fish Fish, Gluten** Lemon wedge

Tartare sauce Egg

**Quorn fishless fingers** 

with ILemon wedge

Tartare sauce Egg

**Crispy chunky** chips

New potatoes

B

**Mushy peas** 

**Petit pois peas** 

**Mixed salad** 



Jam sponge Gluten, Egg, Sulphur Dioxide & custard Milk

or Yoghurt Milk

Fruit



# SECONDARY MENU SPRING/SUMMER 2022



# WEEK 2

# MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

DESSERT OF THE DAY

## CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice



Cheese & broccoli quiche Milk,Egg, Gluten

Tomato & basil pasta



**New potatoes** 



**Garlic slice** Soya, Milk, Gluten

Sweetcorn Ranch salad

# Crusty bread

Seasoned wedges



Crunchy veg

**Mixed salad** 



Fruit flapjack Gluten

**Chocolate brownie** 

Gluten

Fruit

Yoghurt Milk

**Yoghurt Milk** 

Fruit



**Roast Pork,** stuffing Gluten & gravy

Lasagne

Milk, Gluten

Milk, Gluten

Vegetable lasagne

Roast Quorn Milk, Egg stuffing Gluten



**Mashed potatoes** 

**Roast new potatoes** 





### Apple & raspberry crumble

& cream Milk

Yoghurt Milk Fruit



#### **Chicken Balti** Milk, Mustard, Gluten

Mustard, Milk, Egg, Gluten

**Quorn Balti** 

& gravy

Milk, Gluten Wholegrain rice

**Naan bread** 

#### B Sweetcorn

**Carrots** 

**Green beans** 



#### **Butterscotch tart**

Milk, Gluten

Yoghurt Milk

Fruit



#### **Breaded fish Fish, Gluten** Lemon wedge

**Quorn fishless fingers** 

with lemon wedge

Tartare sauce Egg

Tartare sauce Egg



**Diced potatoes** 

## B

### **Mushy peas**

**Petit pois peas** 

**Mixed salad** 



## **Apricot slice Gluten**

#### **Yoghurt Milk**

& custard Milk

**Fruit** 











# SECONDARY MENU SPRING/SUMMER 2022



# WEEK 3

## MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

## CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice



Pasta Americano

Gluten

Mixed bean bake

**Crusty bread** Gluten, Sesame

**New roast** 

**Mixed salad** 

Coleslaw

potatoes

## DESSERT OF THE DAY



**Chocolate mousse Milk** 

**Yoghurt Milk** 

Fruit



**Nottinghamshire sausage** Gluten, Sulphur Dioxide

**Vegan plant-based sausage** H Soya, Sulphur Dioxide

& Yorkshire pudding Carrots Gluten, Egg, Milk

**Mashed Potatoes** 

or

Spring cabbage



## Fresh scone with jam

Gluten, Sulphur Dioxide & cream Milk

Yoghurt Milk

Fruit



#### Roast beef & **Yorkshire pudding**

Gluten, Milk, Egg & gravy

**Quorn Roast Milk, Egg Yorkshire Pudding** Gluten, Milk, Egg & gravy

## A

**Roast Potatoes** 

**Mashed Potatoes** 

**Green beans** 

B

B

**Cauliflower** 



#### Cornflake tart Gluten, Sulphur Dioxide

& custard Milk

Fruit

Yoghurt Milk



Fruit cookie Gluten

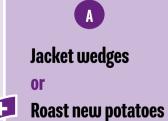
Yoghurt Milk

Fruit



## Chicken fajitas

**Quorn fajitas** Gluten, Egg



**Mixed salad** 

Coleslaw Egg



#### **Breaded fish Fish, Gluten** Lemon wedge

Tartare sauce Egg

**Quorn fishless fingers** with Lemon Wedge

Tartare Sauce Egg

A

Crispy chunky chips

**Diced potatoes** 

## B

## **Mushy peas**

**Petit pois peas** 

**Mixed salad** 



**Lemon sponge** Gluten, Egg

& custard Milk

Fruit

Yoghurt Milk

